

# Summary of need in Southampton

## Drug Litter Scrutiny Inquiry

Charlotte Matthews, Consultant in Public Health 18.01.18

# Southampton headline numbers

**1483 (est) opiate and/or crack users, including 636 (est) who inject**

Figures not available for people who inject other performance enhancing or other drugs

**219 people used needle exchange facilities.**

Others used pharmacy needle exchange, figures not available.

**Increasing drug related deaths, rate higher than England.**

**43 people died from drugs, 2014-16.**

**Blood-borne virus rate similar to England, no recent outbreaks.**

Est - estimate

# Southampton services overview

## Currently

- **Treatment and harm minimisation service including needle exchange**
- **CGL ensuring they're optimising opiate replacement therapy – effective dose as quickly as possible**
- **Homeless Vulnerable Adult Support Team (H-VAST) pilot**
- **Street-based Vulnerable Adults review.**

**Low threshold prescribing – current pilot in Portsmouth. Results due by Summer.**

**Internationally – heroin-assisted therapy for small minority struggling to engage in treatment.**

# Numbers in more detail....

# Number of injecting drug users

## Estimates

2014/15 estimate

**1483** opiate and/or crack users in Southampton.

<https://www.gov.uk/government/publications/opiate-and-crack-cocaine-use-prevalence-estimates-for-local-populations>

2011/12 estimate

1649 opiate and/or crack users

Including estimated **636** injecting opiate and /or crack users.

3.83 per 1000 population

Compared to other areas:

- Higher than England 2.49, SE 1.97
- Similar to similar LA 3.19

<https://fingertips.phe.org.uk/search/opiate#page/4/gid/1/pat/10039/par/cat-39-4/ati/102/are/E06000045/iid/91118/age/182/sex/4>

# Number of injecting drug users using services

## Needle exchange

- 219 distinct people (Q2 17/18)
- 34% of estimated injecting drug users (219/636)
- Others used pharmacy needle exchange – figures on no. people not available

## Structured treatment

- 162 self reports (Q3 17/18) – under estimate
- 25% of estimated injecting drug users (162/636)

# Drug related deaths

**2014-16:**

**43** people died from drugs, using the Public Health England and ONS definition.

Rate of **6.2** per 100,000 people – higher (**worse**) than:

- England 4.2 – difference statistically significant
- Similar Local Authorities 5.7
- Southampton 2013-15 5.1

**Local audit of drug related deaths, using a wider definition**

**Deaths in 2015:**

- Average age 37, typically 35-39 years old
- Mostly from heroin +/- another substance including alcohol
- >half people not in treatment

# Blood borne viruses

## Hep B

**41%** (201) eligible people in treatment completed course of treatment vaccination, 2016/17.

Better than England average 29%

## Hep C

**93%** (421) eligible people in treatment tested, 2016/17.

Better than England average 29%

20% prevalence among local shared care patients, 2013 audit.

49% prevalence among all clients in treatment agreeing to be tested, 2011/12

Unlinked Anon. Monitoring Survey of People who inject drugs.

England average 50%.

## HIV

Not in an outbreak situation. 0% positive, small sample 2014.



# Questions?